

Breakfast

menu item	servings	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Chick-fil-A® Chicken Biscuit	1 serving	460	23g	8g	0g	45g	2g	6g	19g	45mg	1510mg
Bacon, Egg & Cheese Biscuit	1 serving	420	23g	11g	0g	38g	2g	4g	15g	180mg	1290mg
Sausage, Egg & Cheese Biscuit	1 serving	610	42g	18g	0g	38g	2g	4g	22g	205mg	1510mg
Hash Brown Scramble Burrito w/bacon	1 serving	740	45g	15g	0.5g	48g	5g	2g	35g	360mg	1880mg
Hash Brown Scramble Burrito w/sausage	1 serving	720	47g	16g	0.5g	46g	3g	1g	28g	395mg	1450mg
Hash Brown Scramble Burrito w/nuggets	1 serving	700	40g	12g	0.5g	51g	3g	2g	34g	415mg	1750mg
Chick-fil-A Breakfast Platter w/sausage	1 serving	980	66g	21g	0g	68g	7g	4g	30g	355mg	2040mg
Chick-fil-A Platter	1 serving	900	51g	14g	0g	75g	7g	7g	34g	360mg	2350mg
Chick-fil-A Breakfast Platter w/bacon	1 serving	840	51g	15g	0g	68g	7g	5g	27g	335mg	2030mg
Chick-fil-A® Chick-n-Minis™	1 serving	360	13g	4g	0g	41g	2g	8g	19g	60mg	1050mg
Launch: Hash Browns (PR)	1 serving	270	18g	2.5g	0g	23g	3g	0g	3g	0mg	440mg

Original & Grilled Entrées

menu item	servings	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Chick-fil-A® Chicken Sandwich	1 serving	430	16g	3.5g	0g	41g	1g	7g	30g	70mg	1450mg
Chick-fil-A® Deluxe Sandwich	1 serving	490	21g	6g	0g	44g	2g	8g	33g	85mg	1650mg
Spicy Chicken Sandwich	1 serving	460	18g	3.5g	0g	45g	2g	7g	29g	65mg	1720mg
Spicy Chicken Deluxe Sandwich	1 serving	540	24g	8g	0g	47g	2g	8g	34g	85mg	1870mg
Grilled Chicken Sandwich	1 serving	320	6g	1g	0g	41g	2g	9g	28g	70mg	680mg
Grilled Chicken Club	1 serving	450	16g	6g	0g	42g	2g	9g	38g	100mg	930mg
Chick-fil-A® Nuggets - 8 count	1 serving	250	11g	2.5g	0g	11g	0g	1g	27g	85mg	1210mg
Chick-fil-A® Nuggets - 12 count	1 serving	380	17g	3.5g	0g	16g	0g	1g	40g	125mg	1820mg
Grilled Nuggets - 8 count	1 serving	130	3g	0.5g	0g	1g	0g	1g	25g	85mg	440mg
Grilled Nuggets - 12 count	1 serving	200	4.5g	1g	0g	2g	0g	1g	38g	130mg	660mg

Salads

menu item	servings size	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Grilled Market Salad	1 serving	270	11g	3.5g	0g	15g	5g	8g	28g	85mg	510mg

Sides

menu item	servings size	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Chick-fil-A Waffle Potato Fries® - medium	1 serving	420	24g	4g	0g	45g	5g	1g	5g	0mg	240mg
Chick-fil-A Waffle Potato Fries® - large	1 serving	600	35	5g	0g	65g	7g	1g	7g	0mg	340mg
Chicken Noodle Soup - cup	1 serving	120	3g	1g	0g	16g	1g	1g	9g	30mg	1040mg
Fruit Cup	1 serving	70	0g	0g	0g	17g	3g	13g	1g	0mg	0mg
Side Salad w/toppings	1 serving	160	10g	3g	0g	11g	3g	3g	5g	10mg	180mg
Mac-n-cheese	1 serving	450	29g	16g	0g	28g	3g	3g	20g	70mg	1190mg

Treats

menu item	servings size	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Frosted Lemonade	1 serving	330	6g	4g	0g	65g	0g	63g	6g	25mg	120mg
Frosted Lemonade w/diet lemonade	1 serving	240	6g	4g	0g	42g	0g	39g	6g	25mg	115mg
Brownie	1 serving	380	21g	7g	0g	48g	2g	36g	4g	65mg	150mg
Chocolate Chunk Cookie	1 serving	370	17g	9g	0g	49g	3g	26g	5g	15mg	230mg
Vanilla Milkshake	1 serving	580	23g	15g	1g	82g	0g	80g	13g	90mg	380mg
Strawberry Milkshake	1 serving	570	19g	12g	0.5g	93g	1g	87g	11g	75mg	380mg
Cookies & Cream Milkshake	1 serving	630	25g	15g	1g	90g	1g	84g	13g	85mg	410mg
Chocolate Milkshake	1 serving	590	22g	14g	1g	90g	1g	87g	12g	85mg	350mg
Icedream® Cone	1 serving	180	4g	2.5g	0g	32g	0g	25g	4g	15mg	90mg
Icedream Cup	1 serving	140	3.5g	2.5g	0g	24g	0g	24g	4g	15mg	70mg
Frosted Coffee	1 serving	240	6g	3.5g	0g	41g	0g	90g	7g	25mg	160mg

Beverages

menu item	servings size	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Iced Tea Sweetened - medium	1 serving	120	0g	0g	0g	31g	0g	31g	0g	0mg	10mg
Iced Tea Sweetened - large	1 serving	170	0g	0g	0g	43g	0g	43g	0g	0mg	10mg
Iced Tea Unsweetened - medium	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	10mg
Iced Tea Unsweetened - large	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	15mg
Chick-fil-A® Lemonade - medium	1 serving	220	0g	0	0g	58g	0g	55g	0g	0mg	10mg
Chick-fil-A® Lemonade - large	1 serving	300	0g	0g	0g	78g	0g	74g	0g	0mg	15mg
Chick-fil-A® Diet Lemonade - medium	1 serving	60	0g	0g	0g	16g	0g	12g	0g	0mg	10mg
Chick-fil-A® Diet Lemonade - large	1 serving	80	0g	0g	0g	23g	0g	16g	0g	0mg	15mg
Sunjoy - medium	1 serving	160	0g	0g	0g	44g	0g	42g	0g	0mg	5mg
Sunjoy - large	1 serving	260	0g	0g	0g	70g	0g	66g	0g	0mg	5mg
Coca-cola® - medium	1 serving	140	0g	0g	0g	39g	0g	39g	0g	0mg	45mg
Coca-cola® - large	1 serving	220	0g	0g	0g	62g	0g	62g	0g	0mg	70mg
Diet Coke® - medium	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	50mg
Diet Coke® - large	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	70mg
Hi-C Fruit Punch - medium	1 serving	190	0g	0g	0g	51g	0g	51g	0g	0mg	15mg
Hi-C Fruit Punch - large	1 serving	310	0g	0g	0g	84g	0g	84g	0g	0mg	25mg
Sprite - medium	1 serving	190	0g	0g	0g	48g	0g	43g	0g	0mg	45mg
Sprite - large	1 serving	300	0g	0g	0g	77g	0g	68g	0g	0mg	70mg
Dasani® bottled water - medium	1 serving	0	0g	0	0g	0g	0g	0g	0g	0mg	0mg
Orange Juice	1 serving	140	0g	0g	0g	32g	0g	29g	2g	0mg	0mg
Espresso, Cafe Latte, Single Shot	1 serving	90	4.5g	2.5g	0g	7g	0g	7g	5g	15mg	60mg
PR, Espresso, Americano, Double Shot	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	0mg
PR, Espresso, Cortado, Single Shot	1 serving	20	1g	0.5g	0g	2g	0g	2g	1g	5mg	15mg
Single Espresso	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	0mg
Double Espresso	1 serving	0	0g	0g	0g	0g	0g	0g	0g	0mg	0mg
Iced Vanilla Coffee	1 serving	130	5g	2.5g	0g	18g	0g	18g	5g	15mg	65mg
Iced Coffee	1 serving	140	5g	2.5g	0g	18g	0g	18g	5g	15mg	65mg

Sauces/Dressings

menu item	servings	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Apple Cider Vinaigrette Dressing	1 serving	230	19g	3g	0.3g	16g	0g	14g	0.2g	0mg	460mg
Light Balsamic Vinaigrette Dressing	1 serving	80	4g	0.5g	0g	10g	0g	9g	0g	0mg	360mg
Garlic & Herb Ranch Dressing	1 serving	280	29g	5g	0g	2g	0g	1g	1g	25mg	450mg
Fat Free Honey Mustard Dressing	1 serving	90	0g	0g	0g	23g	1g	19g	0g	0mg	330mg
Avocado Lime Ranch Dressing	1 serving	310	32g	5g	0g	25g	1g	2g	1g	25mg	520mg
Sweet & Spicy Siracha Sauce	1 serving	45	0g	0g	0g	11g	0g	10g	0g	0mg	380mg
Polynesian Sauce	1 serving	110	6g	1g	0g	14g	0g	12g	0g	0mg	220mg
Honey Roasted Barbecue Sauce	1 serving	60	5g	1g	0g	3g	0g	2g	0g	5mg	75mg
Honey Mustard Sauce	1 serving	50	0g	0g	0g	12g	0g	10g	0g	0mg	160mg
Chick-fil-A Sauce	1 serving	140	13g	2g	0g	7g	0g	6g	0g	10mg	170mg
Barbecue Sauce	1 serving	45	0g	0g	0g	11g	0g	9g	0g	0mg	200mg

Kid's Meals

menu item	servings	calories	total fat	saturated fat	trans fat	total carb	dietary fibre	sugars	protein	cholesterol	sodium
Herb Grilled Nuggets - 5 count	1 serving	80	2g	0g	0g	1g	0g	0g	16g	55mg	270mg
Chick-fil-A® Nuggets - 5 count	1 serving	160	7g	1.5g	0g	7g	0g	1g	17g	50mg	760mg
Launch: Waffle Fries® w/sea salt - small	1 serving	320	19g	3g	0g	35g	4g	1g	4g	0mg	190mg
Fruit Cup - small	1 serving	60	0g	0g	0g	14g	2g	11g	1g	0mg	0mg
Apple Juice	1 serving	80	0g	0g	0g	20g	0g	18g	0g	0mg	15mg
Milk	1 serving	90	2g	1.5g	0g	10g	0g	10g	7g	10mg	105mg

Ingredients

Breakfast

Chick-fil-A® Chicken Biscuit

Biscuit (enriched bleached wheat flour [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], vegetable oil shortening [palm and/or palm kernel oils], sugar, cultured nonfat milk, leavening [sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate], salt, whey, natural flavor, water, soybean oil, palm kernel oil, soy lecithin, salt, natural butter flavor, beta carotene), chicken (boneless skinless chicken breast filet, seasoning [salt, monosodium glutamate, sugar, spices, paprika], enriched bleached wheat flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], water, nonfat milk, egg, fully refined peanut oil, with Dimethylpolysiloxane, an anti-foam agent added).

Contains: *Egg, Milk, Soy, Wheat.*

Sausage Egg & Cheese Biscuit

Biscuit (enriched bleached wheat flour [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], vegetable oil shortening [palm and/or palm kernel oils], sugar, cultured nonfat milk, leavening [sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate], salt, whey, natural flavor), butter oil (soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene), sausage, (pork, water, salt, spices, sodium phosphates, dextrose, monosodium glutamate, caramel color), egg (whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor [medium chain triglycerides, coconut oil, natural flavors], xanthan gum, citric acid, annatto [color]), American cheese (cheddar cheese [milk, cheese culture, salt, microbial enzymes], milkfat, water, sodium citrate, salt, sodium phosphate, sorbic acid as preservative, oleoresin paprika [color], annatto [color]).

Contains: *Egg, Milk, Soy, Wheat.*

Bacon, Egg, & Cheese Biscuit

Biscuit (enriched bleached wheat flour [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], vegetable oil shortening [palm and/or palm kernel oils], sugar, buttermilk, leavening [sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate], salt, whey, natural flavor, water) butter oil (soybean oil, palm kernel oil, soy lecithin, natural flavor and beta carotene for color), egg (whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor [medium chain triglycerides, coconut oil, natural flavors], xanthan gum, citric acid, annatto [color]), butter oil (soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene), American Cheddar cheese (milk, cheese culture, salt, enzymes), milkfat, water, sodium citrate, salt, sodium phosphate, sorbic acid as preservative, oleoresin paprika (color), annatto (color), with sunflower lecithin added for slice separation, Applewood smoked bacon (pork, water, salt, sugar, sodium phosphate, natural flavor, sodium diacetate, sodium erythorbate, sodium nitrite, smoke).

Contains: *Egg, Milk, Soy, Wheat.*

Chicken Scramble Burrito

Egg (whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor [medium chain triglycerides, coconut oil, natural flavors], xanthan gum, citric acid, annatto [color]), butter oil (soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene), tortilla (enriched bleached flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], water, vegetable shortening [interesterified and hydrogenated soybean oils], salt, contains 2% or less of each of: baking soda, sodium acid pyrophosphate, cellulose gum, guar gum, distilled monoglycerides, enzymes, fumaric acid, calcium propionate and sorbic acid [to maintain freshness]), chicken (boneless, skinless chicken breast filet, seasoning [salt, monosodium glutamate, sugar, spices, paprika], seasoned coater [enriched bleached wheat flour {with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid}, sugar, salt, monosodium glutamate, nonfat milk, leavening {baking soda, sodium aluminum phosphate, monocalcium phosphate}, spice, soybean oil, color {paprika}], milk wash [water, nonfat milk, egg], peanut oil [fully refined peanut oil, with Dimethylpolysiloxane, an anti-foam agent added]), potatoes (vegetable oil [canola oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention]), dextrose, high oleic canola oil with Dimethylpolysiloxane added as an anti-foaming agent), Monterey/Jack cheddar cheese blend (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto {color}], Monterey Jack cheese [milk, cheese culture, salt, enzymes]), potato starch and powdered cellulose added to prevent caking, natamycin [a natural mold inhibitor]), salsa (tomato and tomato juice, water, onion, jalapeno pepper, distilled vinegar, dehydrated red bell pepper, contains less than 2% spices, salt, dehydrated garlic, phosphoric acid, sodium benzoate and potassium sorbate as preservatives, xanthan gum, natural flavor, citric acid, soy lecithin)

Contains: *Egg, Milk, Soy, Wheat.*

Sausage Scramble Burrito

Egg (whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor [medium chain triglycerides, coconut oil, natural flavors], xanthan gum, citric acid, annatto [color]), butter oil (soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene), tortilla (enriched bleached flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], water, vegetable shortening [interesterified and hydrogenated soybean oils], salt, contains 2% or less of each of: baking soda, sodium acid pyrophosphate, cellulose gum, guar gum, distilled monoglycerides, enzymes, fumaric acid, calcium propionate and sorbic acid [to maintain freshness]), potatoes (vegetable oil [canola oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention]), dextrose, high oleic canola oil with Dimethylpolysiloxane added as an anti-foaming agent), sausage, (pork, water, salt, spices, sodium phosphates, dextrose, monosodium glutamate, caramel color), Monterey/Jack cheddar cheese blend (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto {color}], Monterey Jack cheese [milk, cheese culture, salt, enzymes]), potato starch and powdered cellulose added to prevent caking, natamycin [a natural mold inhibitor]), salsa (tomato and tomato juice, water, onion, jalapeno pepper, distilled vinegar, dehydrated red bell pepper, contains less than 2% spices, salt, dehydrated garlic, phosphoric acid, sodium benzoate and potassium sorbate as preservatives, xanthan gum, natural flavor, citric acid, soy lecithin)

Contains: *Egg, Milk, Soy, Wheat.*

Ingredients

Breakfast

Bacon Scramble Burrito

Whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor (medium chain triglycerides, coconut oil, natural flavors), xanthan gum, citric acid, annatto (color), soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, enriched bleached flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified and hydrogenated soybean oils), contains 2% or less of: salt, sodium acid pyrophosphate, baking soda, cellulose gum, guar gum, distilled monoglycerides, enzymes, fumaric acid, and calcium propionate and sorbic acid (to maintain freshness), potatoes (vegetable oil [canola oil, soybean oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention], dextrose, high oleic canola oil with Dimethylpolysiloxane added as an anti-foaming agent), pork, water, salt, sugar, sodium phosphate, natural flavor, sodium diacetate, sodium erythorbate, sodium nitrite, smoke, monterey jack cheese (pasteurized milk, cheese culture, salt, enzymes), cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color)], potato starch and powdered cellulose (to prevent caking), natamycin (a natural mold inhibitor), salsa (tomato and tomato juice, water, onion, jalapeno pepper, distilled vinegar, dehydrated red bell pepper, contains less than 2% spices, salt, dehydrated garlic, phosphoric acid, sodium benzoate and potassium sorbate as preservatives, xanthan gum, natural flavor, citric acid, soy lecithin)

Contains: *Egg, Milk, Soy, Wheat.*

Chicken Platter

Whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor (medium chain triglycerides, coconut oil, natural flavors), xanthan gum, citric acid, annatto (color), soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, potatoes (vegetable oil [canola oil, soybean oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention], dextrose, high oleic canola oil with dimethylpolysiloxane added as an anti-foaming agent), enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil shortening (palm and/or palm kernel oils), sugar, buttermilk, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), salt, whey, natural flavor, water, soybean oil, palm kernel oil, soy lecithin, salt, natural butter flavor, beta carotene, chicken (boneless, skinless chicken breast with rib meat, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane (an anti-foam agent) added])

Contains: *Egg, Milk, Soy, Wheat.*

Bacon Platter

Whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor (medium chain triglycerides, coconut oil, natural flavors), xanthan gum, citric acid, annatto (color), soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, potatoes (vegetable oil [canola oil, soybean oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention], dextrose, high oleic canola oil with dimethylpolysiloxane added as an anti-foaming agent), enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil shortening (palm and/or palm kernel oils), sugar, buttermilk, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), salt, whey, natural flavor, water, soybean oil, palm kernel oil, soy lecithin, salt, natural butter flavor, beta carotene pork, water, salt, sugar, sodium phosphate, natural flavor, sodium diacetate, sodium erythorbate, sodium nitrite, smoke

Contains: *Egg, Milk, Soy, Wheat.*

Sausage Platter

Whole eggs, water, contains 2% or less of the following: salt, natural butter type flavor (medium chain triglycerides, coconut oil, natural flavors), xanthan gum, citric acid, annatto (color), soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, potatoes (vegetable oil [canola oil, soybean oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention], dextrose, high oleic canola oil with dimethylpolysiloxane added as an anti-foaming agent), enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil shortening (palm and/or palm kernel oils), sugar, buttermilk, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), salt, whey, natural flavor, water, soybean oil, palm kernel oil, soy lecithin, salt, natural butter flavor, beta carotene pork, water, contains 2% or less: salt, spices, dextrose, monosodium, glutamate, sodium phosphate, caramel color

Contains: *Egg, Milk, Soy, Wheat.*

Chick-n-Minis

Yeast roll, Enriched bleached and unbleached wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, soybean oil, whole eggs, butter (cream, salt), may contain 2% or less of the following: salt, hydrogenated cottonseed oil, yeast, natural and artificial flavors, mono and diglycerides, honey butter [butter (cream, natural flavor), water, honey, corn syrup, sugar, soybean oil, natural flavor, nonfat dry milk, mono- and diglycerides, salt, soy lecithin, sodium benzoate added as preservative, propylene glycol alginate, calcium disodium EDTA added to protect flavor]), Chicken (boneless, skinless chicken breast meat nuggets, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane (an anti-foam agent) added]).

Contains: *Egg, Milk, Soy, Wheat.*

Hashbrowns

Potatoes (vegetable oil [canola oil, soybean oil, palm oil], dehydrated potato, salt, disodium dihydrogen pyrophosphate [to promote color retention], dextrose, high oleic canola oil with Dimethylpolysiloxane added as an anti-foaming agent).

Ingredients

Entrée

Chick-fil-A Chicken Sandwich

Chicken (boneless, skinless chicken breast with rib meat, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane {an anti-foam agent} added]), enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, wheat gluten, contains 2% or less of the following: yeast, soybean oil, salt, cultured wheat flour, cultured whey, soy flour, enzymes, ascorbic acid, soy lecithin, soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, cucumbers, water, vinegar, salt, calcium chloride, potassium sorbate, flavor, turmeric extract (color)

Contains: *Egg, Milk, Soy, Wheat.*

Chick-fil-A Deluxe Sandwich

Chicken (boneless, skinless chicken breast with rib meat, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane {an anti-foam agent} added]), enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, wheat gluten, contains 2% or less of the following: yeast, soybean oil, salt, cultured wheat flour, cultured whey, soy flour, enzymes, ascorbic acid, soy lecithin, soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, fresh tomato, green leaf lettuce, cheddar cheese (milk, cheese culture, salt, enzymes), milkfat, water, sodium citrate, salt, sodium phosphate, sorbic acid as preservative, oleoresin paprika (color), annatto (color), with sunflower lecithin added for slice separation, cucumbers, water, vinegar, salt, calcium chloride, potassium sorbate, flavor, turmeric extract (color)

Contains: *Egg, Milk, Soy, Wheat.*

Spicy Chicken Sandwich

Chicken (boneless, skinless chicken breast filets, water, seasoning [maltodextrin, spice and herb, modified food starch, tapioca maltodextrin, salt, cottonseed oil, spice and color {contains paprika}, garlic powder, natural flavoring {milk, soy}], modified food starch, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [bleached wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, leavening, spice, nonfat milk, soybean oil, whey, color [paprika, yellow #6], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane {an anti-foam agent} added]), enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, wheat gluten, contains 2% or less of the following: yeast, soybean oil, salt, cultured wheat flour, cultured whey, soy flour, enzymes, ascorbic acid, soy lecithin, soybean oil, palm kernel oil, soy lecithin, natural flavor, beta carotene, cucumbers, water, vinegar, salt, calcium chloride, potassium sorbate, flavor, turmeric extract (color)

Contains: *Egg, Milk, Soy, Wheat*

Spicy Deluxe Sandwich

Chicken (boneless, skinless chicken breast filets, water, seasoning [maltodextrin, spice and herb, modified food starch, tapioca maltodextrin, salt, cottonseed oil, spice and color {contains paprika}, garlic powder, natural flavoring {milk, soy}], modified food starch, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [bleached wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, leavening, spice, nonfat milk, soybean oil, whey, color [paprika, yellow #6], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane {an anti-foam agent} added]), bun (flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], water, sugar, yeast, wheat gluten, contains 2% or less of each of the following: soybean oil, salt, cultured wheat flour, vinegar, calcium sulfate, ascorbic acid, enzymes, wheat starch, monoglycerides, monocalcium phosphate, DATEM, soy lecithin, potassium iodate), butter oil (soybean oil, palm kernel oil, soy lecithin, natural flavor and beta carotene), tomatoes, pepper jack cheese (pasteurized milk, hot peppers [jalapeno peppers, habanero peppers], cheese culture, salt, enzymes), green leaf lettuce, pickle (cucumbers, water, vinegar, salt, calcium chloride, alum, potassium sorbate [preservative], natural flavors [dill emulsion], polysorbate 80, yellow 5, blue 1).

Contains: *Egg, Milk, Soy, Wheat.*

Grilled Chicken Sandwich

Chicken (boneless skinless chicken breast, water, apple cider vinegar, soybean oil, modified corn starch, salt, yeast extract, sugar, chicken breast meat, chicken broth, dehydrated onion, dehydrated garlic, sea salt, cane molasses, spices, chicken fat, natural flavor [including smoke], lemon peel, red bell pepper, paprika, lemon juice concentrate, parsley and vinegar solids, xanthan gum, and calcium disodium EDTA [to protect quality]), brioche bun (water, enriched flour [wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], grain blend [whole wheat flour, whole grain yellow corn flour, organic whole grain oat flour, whole grain barley flour, whole grain triticale flour, whole grain rye flour], sugar, yeast, soybean oil, honey, wheat gluten, contains less than 2% of each of the following: wheat bran, salt, rolled oats, cultured wheat flour blend [wheat flour, cultured wheat flour], dextrose, guar gum, yellow corn flour, vegetable and grain protein blend [pea, potato, rice], maltodextrin, wheat flour, organic corn starch, enzymes, sunflower oil and canola oil, medium chain triglycerides, organic rice concentrate, natural flavors, calcium sulfate, monoglycerides, wheat starch, crushed wheat, vinegar, propionic acid, phosphoric acid, modified food starch, turmeric color, gum arabic, corn starch, paprika color, ascorbic acid added as a dough conditioner), tomatoes, green leaf lettuce.

Contains: *Wheat*

Ingredients

Entrée

Grilled Chicken Club

Chicken (boneless skinless chicken breast, water, apple cider vinegar, soybean oil, modified corn starch, salt, yeast extract, sugar, chicken breast meat, chicken broth, dehydrated onion, dehydrated garlic, sea salt, cane molasses, spices, chicken fat, natural flavor [including smoke], lemon peel, red bell pepper, paprika, lemon juice concentrate, parsley and vinegar solids, xanthan gum, and calcium disodium edta [to protect quality]), water, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), grain blend (whole wheat flour, whole grain yellow corn flour, organic whole grain oat flour, whole grain barley flour, whole grain triticale flour, whole grain rye flour), sugar, yeast, soybean oil, honey, wheat gluten, contains less than 2% of each of the following: wheat bran, salt, rolled oats, cultured wheat flour blend (wheat flour, cultured wheat flour), dextrose, guar gum, yellow corn flour, vegetable and grain protein blend (pea, potato, rice), maltodextrin, wheat flour, organic corn starch, enzymes, sunflower oil and canola oil, medium chain triglycerides, organic rice concentrate, natural flavors, calcium sulfate, monoglycerides, wheat starch, crushed wheat, vinegar, propionic acid, phosphoric acid, modified food starch, turmeric color, gum arabic, corn starch, paprika color, ascorbic acid added as a dough conditioner, fresh tomato, pasteurized milk, cheese culture, salt, enzymes, green leaf lettuce, pork, water, salt, sugar, sodium phosphate, natural flavor, sodium diacetate, sodium erythorbate, sodium nitrite, smoke.

Contains: *Milk, Wheat.*

8 ct Chick-fil-A Nuggets

Chicken (boneless, skinless chicken breast meat nuggets, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane {an anti-foam agent} added]).

Contains: *Egg, Milk, Wheat.*

12 ct Chick-fil-A Nuggets

Chicken (boneless, skinless chicken breast meat nuggets, salt, monosodium glutamate, sugar, spices, paprika, enriched bleached flour [with malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sugar, salt, monosodium glutamate, nonfat milk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], spice, soybean oil, color [paprika], pasteurized nonfat milk, pasteurized egg, fully refined peanut oil [with dimethylpolysiloxane {an anti-foam agent} added]).

Contains: *Egg, Milk, Wheat.*

8 ct Grilled Nuggets

Chicken (boneless skinless chicken breast, water, apple cider vinegar, soybean oil, modified corn starch, salt, yeast extract, sugar, chicken breast meat, chicken broth, dehydrated onion, dehydrated garlic, sea salt, cane molasses, spices, chicken fat, natural flavor [including smoke], lemon peel, red bell pepper, paprika, lemon juice concentrate, parsley and vinegar solids, xanthan gum, and calcium disodium EDTA [to protect quality]).

12 ct Grilled Nuggets

Chicken (boneless skinless chicken breast, water, apple cider vinegar, soybean oil, modified corn starch, salt, yeast extract, sugar, chicken breast meat, chicken broth, dehydrated onion, dehydrated garlic, sea salt, cane molasses, spices, chicken fat, natural flavor [including smoke], lemon peel, red bell pepper, paprika, lemon juice concentrate, parsley and vinegar solids, xanthan gum, and calcium disodium EDTA [to protect quality]).

Salads

Grilled Market Salad

Romaine lettuce, chicken (boneless skinless chicken breast, water, apple cider vinegar, soybean oil, modified corn starch, salt, yeast extract, sugar, chicken breast meat, chicken broth, dehydrated onion, dehydrated garlic, sea salt, cane molasses, spices, chicken fat, natural flavor [including smoke], lemon peel, red bell pepper, paprika, lemon juice concentrate, parsley and vinegar solids, xanthan gum, and calcium disodium EDTA [to protect quality]), shredded green cabbage, green leaf, fresh apples, calcium ascorbate (a blend of calcium and vitamin c to maintain freshness and color, fresh strawberries, Monterey jack cheese (pasteurized milk, cheese culture, salt, enzymes), cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color)], potato starch and powdered cellulose (to prevent caking), natamycin (a natural mold inhibitor), fresh blueberries, almonds, sea salt.

Contains: *Milk, Tree Nuts*

Ingredients

Sides

Waffle Potato Fries

Potatoes (vegetable oil [canola oil, soybean oil, palm oil], disodium dihydrogen pyrophosphate [to promote color retention], dextrose), sea salt, canola oil (high oleic canola oil with Dimethylpolysiloxane added as an anti-foaming agent) salt.

Chicken Noodle Soup

Chicken (boneless, skinless chicken breast meat nuggets [without rib meat], salt, monosodium glutamate, sugar, spice [mustard], and paprika, coater [enriched flour, sugar, salt, monosodium glutamate, skim milk, leavening blend {baking soda, sodium aluminum phosphate, monocalcium phosphate}, spices, soybean oil, paprika], milk wash [skim milk, dried whole egg], peanut oil), grilled chicken (water, chicken broth [chicken, chicken broth, salt, water, corn maltodextrin], modified corn starch, yeast extract, salt, onion powder, garlic powder, sugar, corn maltodextrin, vinegar powder, flavour, lemon juice concentrate, gum arabic, vegetable oil), seasoned chicken stock (water, chicken meat with natural juices, salt, chicken fat, yeast extract, sugar, carrot powder, dried potato, onion powder, natural flavour, spices, herbs), cooked mafalda pasta (water, semolina [wheat], liquid whole egg, liquid egg-white), carrots, celery, modified corn starch, cream, enriched flour, mirepoix vegetable base (vegetable blend [carrot, onion, celery], salt, sugar, corn oil, potato flour, carrot powder), yeast extract, soybean oil, butter, salt, carrot puree, sea salt, soy lecithin, garlic, onion powder, citric acid, spices, herbs, annatto contains: sulfites

Contains: *Egg, Milk, Soy, Wheat.*

Fruit Cup

Fresh apples, calcium ascorbate (a blend of calcium and vitamin c to maintain freshness and color, mandarin oranges, water, sugar, citric acid, fresh strawberries, fresh blueberries

Side Salad

Romaine lettuce, grape tomatoes, shredded green cabbage, green leaf, crispy red bell peppers (red bell peppers, enriched flour [wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], sunflower, safflower and/or canola oil, seasoning (tomato powder, salt, onion powder, sugar, chili pepper, garlic powder, yeast extract, citric acid, malic acid, natural and artificial flavors [with modified corn starch, succinic acid], extractive of paprika [color], natural smoke flavors), Monterey jack cheese (pasteurized milk, cheese culture, salt, enzymes), cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color)], potato starch and powdered cellulose (to prevent caking), natamycin (a natural mold inhibitor)

Contains: *Milk, Wheat.*

Mac-n-Cheese

Macaroni (water, durum wheat semolina, egg white, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, pasteurized process cheese spread (american cheese [milk, cheese culture, salt, enzymes], water, whey, sodium phosphate, whey protein concentrate, nonfat dry milk, salt, milkfat, artificial color), montamore cheese (pasteurized milk, cheese cultures, salt, enzymes), margarine (soybean oil, hydrogenated soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate [preservative], natural and artificial flavor, beta carotene [color], vitamin a palmitate), cheddar cheese ([pasteurized milk, cheese culture, salt, enzymes], water, salt, oleoresin paprika [color], apocarotenal [color]), soybean oil, nonfat dry milk, parmesan and asiago cheese ([pasteurized milk, cheese cultures, salt, enzymes], natural flavor), natural flavor, Romano cheese (pasteurized milk, cheese cultures, salt, enzymes), natural flavor), salt, sugar, sodium polyphosphate & sodium phosphate, powdered egg yolk (egg yolks, phospholipase), modified corn starch, mono & diglycerides, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), xanthan gum, soy lecithin, dimethylpolysiloxane

Contains: *Egg, Milk, Soy, Wheat.*

Treats

Frosted Lemonade

Whole milkfat and nonfat dry milk, sugar, water, contains less than 1% of: whey, corn starch, mono and diglycerides, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, salt, caramel color, annatto & beta carotene (color), water, lemon juice, sugar

Contains: *Milk.*

Frosted Lemonade with Diet Lemonade

Whole milkfat and nonfat dry milk, sugar, water, contains less than 1% of: whey, corn starch, mono and diglycerides, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, salt, caramel color, annatto & beta carotene (color), water, lemon juice, Splenda (sucralose)

Contains: *Milk.*

Chocolate Fudge Brownie

Sugar, margarine (vegetable oil [palm, soybean and olive oils], water, salt, nonfat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene [color]), whole egg, bleached wheat flour (wheat flour enriched with niacin, iron, thiamin mononitrate, riboflavin, folic acid), semi-sweet chocolate (unsweetened chocolate, sugar, cocoa butter, milk fat, soy lecithin, salt, vanilla), fudge chunks (sugar, vegetable fat [palm kernel and/or palm], cocoa powder, cocoa powder processed with alkali, soy lecithin, salt, natural flavor, vanilla extract), cocoa processed with alkali, baking soda

Contains: *Egg, Milk, Soy, Wheat.*

Ingredients

Treats

Chocolate Chunk Cookie

Bleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), sugar, semisweet chocolate (sugar, chocolate liquor, cocoa butter, soy lecithin, salt, vanilla, milk), vegetable shortening (palm oil), milk chocolate chunks (sugar, chocolate liquor, cocoa butter, milk, soy lecithin, salt, vanilla), oats, butter (milk), eggs, invert sugar, contains 2% or less of: molasses, water, salt, baking soda, sodium acid pyrophosphate, natural and artificial flavor

Contains: *Egg, Milk, Soy, Wheat.*

Cookies & Cream Milkshake

Whole milk and nonfat dry milk, sugar, cream, water, contains less than 1% of: whey, mono and diglycerides, corn starch, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, natural flavor, salt, caramel color, beta-carotene (color), annatto (color), cookie crumbs (unbleached enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2) folic acid], sugar, palm and/or canola oil, cocoa [processed with alkali], invert sugar, leavening [baking soda and/or calcium phosphate], soy lecithin, salt, chocolate, natural flavor), whipped cream (cream, milk, sugar, sorbitol, contains less than 2% of: mono and diglycerides, carrageenan and natural flavor. propellant: nitrous oxide), cherries, (water, corn syrup, high fructose corn syrup, citric acid, natural & artificial flavor, potassium sorbate, and sodium benzoate as preservatives, FD&C red #40 and sulfur dioxide [preservative])

Contains: *Milk, Soy, Wheat.*

Chocolate Milkshake

Whole milk and nonfat dry milk, sugar, cream, water, contains less than 1% of: whey, mono and diglycerides, corn starch, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, natural flavor, salt, caramel color, beta-carotene (color), annatto (color), chocolate syrup (cane sugar, corn syrup, water, cocoa, natural vanilla flavor), whipped cream (cream, milk, sugar, sorbitol, contains less than 2% of: mono and diglycerides, carrageenan and natural flavor, propellant: nitrous oxide), cherries, (water, corn syrup, high fructose corn syrup, citric acid, natural & artificial flavor, potassium sorbate, and sodium benzoate as preservatives, FD&C red #40 and sulfur dioxide [preservative])

Contains: *Milk.*

Strawberry Milkshake

Whole milk and nonfat dry milk, sugar, cream, water, contains less than 1% of: whey, mono and diglycerides, corn starch, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, natural flavor, salt, caramel color, beta-carotene (color), annatto (color), strawberries (water, sugar, corn syrup, modified food starch, vegetable juice and lycopene for color, salt, erythorbic acid, potassium sorbate as preservative, and citric acid), whipped cream (cream, milk, sugar, sorbitol, contains less than 2% of: mono and diglycerides, carrageenan and natural flavor. propellant: nitrous oxide), cherries, (water, corn syrup, high fructose corn syrup, citric acid, natural & artificial flavor, potassium sorbate, and sodium benzoate as preservatives, FD&C red #40 and sulfur dioxide [preservative])

Contains: *Milk.*

Vanilla Milkshake

Whole milk and nonfat dry milk, sugar, cream, water, contains less than 1% of: whey, mono and diglycerides, corn starch, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, natural flavor, salt, caramel color, beta-carotene (color), annatto (color), whipped cream (cream, milk, sugar, sorbitol, contains less than 2% of: mono and diglycerides, carrageenan and natural flavor. propellant: nitrous oxide), cherries, (water, corn syrup, high fructose corn syrup, citric acid, natural & artificial flavor, potassium sorbate, and sodium benzoate as preservatives, FD&C red #40 and sulfur dioxide [preservative])

Contains: *Milk.*

Frosted Coffee

Whole milk, sugar, nonfat dry milk, artificial flavor, corn starch, mono- and diglycerides, disodium phosphate, cellulose gum, carrageenan, sodium phosphate, guar gum, sodium citrate, beta carotene (color), water, espresso

Contains: *Milk.*

Icedream Cup

Whole milkfat and nonfat dry milk, sugar, water, contains less than 1% of: whey, corn starch, mono and diglycerides, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, salt, caramel color, annatto & beta carotene (color)

Contains: *Milk.*

Icedream Cone

Whole milkfat and nonfat dry milk, sugar, water, contains less than 1% of: whey, corn starch, mono and diglycerides, guar gum, carrageenan, calcium sulfate, cellulose gum, brown sugar, natural and artificial flavor, salt, caramel color, annatto & beta carotene (color), cone (enriched flour [wheat flour, niacin, reduced iron, vitamin B1 (thiamin mononitrate), vitamin B2 (riboflavin), folic acid], contains 2% or less of cornstarch, soybean oil, baking soda, salt, soy lecithin, annatto extract [color], vanilla extract).

Contains: *Milk, Soy, Wheat.*

Ingredients

Beverages

Freshly-Brewed Iced Tea, Sweetened

Water, sugar, tea

Freshly-Brewed Iced Tea, Unsweetened

Water, tea

Chick-fil-A Lemonade

Water, lemon juice, sugar.

Chick-fil-A Diet Lemonade

Water, lemon juice, Splenda (sucralose).

Sunjoy

Water, sugar, lemon juice, tea

Dasani Bottled Water

Water

Minute Maid Apple Juice

Pure filtered water, concentrated apple juice, less than 0.5% of: calcium citrate (calcium source), vitamin C (ascorbic acid), potassium phosphate

White Milk

Lowfat milk Vitamin A Palmitate and Vitamin D3.

Contains: *Milk.*

Orange Juice

Filtered water, concentrated orange juice, natural flavor, Vitamin C (ascorbic acid), citric acid

Americano

Water, espresso

Espresso

Water, espresso

Iced Vanilla Coffee

Water, Grade A Fresh milk, Vitamins A & D added, water, espresso, pure cane sugar, water, natural flavors with vanilla extract, citric acid

Contains: *Milk.*

Café Latte

Grade A Fresh milk, Vitamins A & D added, water, espresso.

Contains: *Milk.*

Cortado

Water, espresso, grade a fresh milk, Vitamins A & D added

Contains: *Milk.*

Iced Coffee

Water, Grade A Fresh milk, Vitamins A & D added, water, espresso, pure cane sugar, water

Contains: *Milk.*

Coca-Cola

Carbonated water, high fructose corn syrup, caramel color, natural flavors, caffeine.

Diet Coke

Carbonated water, caramel color, phosphoric acid, sodium saccharin, potassium benzoate (to protect taste), natural flavors, citric acid, caffeine, potassium citrate, Aspartame. Phenylketonurics: Aspartame contains phenylalanine).

Sprite

Carbonated water, high fructose corn syrup, citric acid, natural flavors, sodium citrate, sodium benzoate (to protect taste).

Hi-C Fruit Punch

Water, high fructose corn syrup, citric acid, natural and artificial flavors, ascorbic acid (vitamin C), sodium benzoate (to protect taste), modified food starch, red 40, glycerol ester of wood rosin.